NORTH CENTRAL REGION
Aging Network

Reframing Aging Program Evaluation

Program date: _____ Program location: _____

Instructor: _____

Please mark the response that best fits how you identify with the statement.

As a result of this workshop, I:

	Strongly Agree	Agree	Neither agree nor disagree	Disagree	Strongly Disagree
Recognize what normal aging looks like					
Can explain why some chronic diseases are more common as we age					
Can define ageism					
Can identify ageism in different environments					
Can describe strategies to address ageism					
Intend to change how I communicate about aging					
Will share at least one thing that I learned in today's workshop with someone I know					

I believe the reframing aging strategies that were provided,

	Strongly Agree	Agree	Neither agree nor disagree	Disagree	Strongly Disagree
Are easy to understand					
Can easily be used in everyday situations					
Are clear and practical					
Can help shift how people think about aging					

Describe how you will apply one strategy from this workshop to your daily life or work.

Additional feedback:

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The North Central Region Aging Network (NCRAN) is a collaborative of Extension professionals dedicated to improving the health and well-being of adults in later life through science-based strategies.
Visit us at: https://ncran.org

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